



You Matter: Mental Health Morning

Begin your day with Breakfast, Emotion Awareness,
and Community Connections

Hosted by the Faculty of Health

Friday 11 October | 8:30am – 10:30am

Mal Nairn Auditorium (CDU Building Red 7)

CDU students and staff

- > Breakfast Bar
- > Juice Bike
- > A Student Led Emotional Awareness Board
- > Mental health placement videos showcase
- > Access and Inclusion Team, Sensory Corner
- > EASA, information booth

