Study Skills: Inclusive Language

Video transcript

In this video, we will talk about something really important: inclusive language. You might be wondering, what exactly is inclusive language and why does it matter? So let's dive in.

Inclusive language means using words and expressions that avoid excluding or offending people, especially on the basis of their gender, sexual orientation, race, disability, or other characteristics. It's all about making people feel respected and valued.

For instance, instead of saying "chairman," we can say "chairperson." Instead of "mankind," we can say "humankind" or "people." These are small changes, but they make a big difference.

Inclusive language recognises and celebrates diversity. It reflects the reality that our societies are made up of many different people with varied experiences and backgrounds.

But why does it matter?

Well, language shapes how we see the world and how we interact with each other. When we use inclusive language, we create a sense of belonging. We show that we respect and acknowledge everyone's identity.

It's a small effort that goes a long way in making our world welcoming for everyone, and it helps break down stereotypes and promotes understanding.

So, the next time you speak or write, think about the words you use. Are they inclusive? Are they respectful? By choosing inclusive language, we're not just being politically correct – we're being kind, considerate, and creating a better world for everyone.

Remember, words have power. Let's use them wisely.

If you need further help regarding the use of Inclusive Language, speak to a Language and Learning Advisor and ask for advice.