Welcome

Hi All

Wow, what a fortnight it’s been!

A huge thank you to all those who helped make the 2012 End of Year Dinner the success it was. I’m sure you'll all agree it was a great night spent with friends, good food and fantastic entertainment.

Congratulations to Metui Tongatua who was presented with the Resident of the Year Award at the dinner, it was definitely well deserved!

With exams just around the corner I’d like to remind you all to be considerate of your neighbours and keep noise levels to a minimum.

We have a few more activities lined up before the semester ends, be sure to sign up, unwind and make the most of your time here at IHD.

As always I wish you all the best with your studies, good luck!

Dean Preddy
Manager
International House Darwin

Features

Pedestrian Access from IHD to CDU  3
End of Year Dinner  4 & 5
Cyclone Preparedness  6
Basketball Tournament  6
Darwin International Film Festival  8
CDU Sailing  10

Regulars

Housekeeping  7
Upcoming Events  8
Up to Date  9
Tutors  11
Calendar of Events  12

Cover

Metui Tongatua accepting the 2012 Resident of the Year Award

IHD OFFICE
Opening Hours:
9am—5pm

Resident leader
Ph: 8946 6591

iWitness Resident Input
If you wish to include anything in the next issue of iWitness please email nicole.ryan@cdu.edu.au
Site works for a multi-million-dollar Menzies School of Health Research facility will commence on Wednesday 3 October 2012.

Due to construction works pedestrian traffic from International House Darwin to the main campus will be redirected to the eastern side of the site.

Access to the main campus is expected to be obstructed from 3 October 2012 to the 1st quarter of 2013. Please review the map carefully to see the best pathway for residents to use during this period.

The complex is part of a $45.7 million expansion of Menzies, which also includes a new building and upgrade of Menzies’ existing facility at Royal Darwin Hospital.

The building will be situated on the northern side of the campus between the library and International House Darwin.

Free Public Transport

CDU students receive FREE bus travel on scheduled services 7 days per week through Darwin's public bus network. Simply show your CDU student ID card to the bus driver to get on board for free!

The number 4 public bus which departs from the CDU campus can be used for residents to access the:
• Parap Market (Saturday mornings),
• Nightcliff Market (Sunday mornings),
• Rapid Creek Market (Sunday Mornings)
• Mindil Market (Thursday and Sunday nights in the dry season) may do so

This bus service also continues onto the Darwin city precinct.

Timetables for public buses may be found on the NT Transport website: www.transport.nt.gov.au/transport/public

IHD Casuarina Shuttle Bus

To help you with your shopping, IHD runs a FREE shuttle service to Casuarina Square Shopping Centre during semester.

Details:
• Friday Night
• Casuarina Square
• 15 minute loop
• First bus leaves IHD @ 5.30pm
• Last bus leave Casuarina @ 9pm

Walk-A-Bout Coffee Cart

The Walk-A-Bout Coffee Cart runs during semester and commenced trading again on Wednesday 18 July 2012. You can find the Walk-A-Bout Coffee Cart at:
• Orange 1 and Orange 2 (Breezeway) between 7.30am – 9.00am
• Orange 7 (Sound Shell) between 9.15am – 1.00pm
Oh what a night!

The 2012 End of Year Dinner lived up to expectations (and exceeded some) by delivering a gala dinner with great food and entertainment for all IHD residents to enjoy.

As each person walked onto the lawns, you could see their awe and knew that this was no ordinary IHD event. The tables were dressed, the drinks began flowing and before long the first act stepped on stage. The dynamic ‘Taste of Latin’ twirled their way around the dance floor and seduced the crowd with their tantalising movements.

A huge thanks to Shuberts for catering the night, the food and especially the desserts were delicious with many going back for seconds.

The guest speaker on the night was the inspiring Tony Burns. Tony is currently training to compete at the 100km Pharaonic race in Egypt to raise funds for a special Darwin girl named Stacie as part of the John Maclean Foundation.

Tony Burns is an avid supporter of the John Maclean Foundation, he has completed in multiple Triathlons and 5 Ironman Triathlons all in aid of the John Maclean Foundation.

IHD felt privileged to have such an inspirational and selfless man speak at our event. IHD thanked Tony with a donation to his appeal and a certificate of appreciation.

Our appreciation didn’t end there though; it was time to announce the winners of the IHD annual awards.

First off the mark was Zoe Bilston who received the Community Spirit award. This award portrays the recipient as someone who is always willing to show enthusiasm and lend a helping hand. Zoe always raises her hand to assist even when she hasn’t been asked to and is a great participant in all events at IHD.

JMF provides items such as new wheelchairs, medical assistance, vehicle and house modifications, computers and financial assistance. The aim is to help turn these little wheelies lives around and improve the quality of life for them and their families.

Tony’s efforts in Egypt are in aid of the John Maclean Foundation (JMF), which provides financial assistance and inspiration to young Australians under the age of 18 who use wheelchairs.
Tim Norman was the next to take to the stage to accept the Involvement award. Our aim at IHD is to create events that cater for the whole community and are conducive to broadening residents socially. Tim was the perfect choice for this award, as the question on everyone’s mind was “what hasn’t he been to?”

The next resident to grace the stage to receive the Role Model award was Gregory Zori. Being a good role model means to have a great balance between study, work and social life. Gregory does this and more, he always respects his neighbours, puts on cultural feast nights and always has a great attitude.

The final award for the night was for the 2012 Resident of the Year. Metui Tongatua was this year’s recipient. Metui displays endless enthusiasm for everything IHD offers, spreads the word to all residents about getting involved and making the most of their time at IHD. He is creative, friendly and displays maturity beyond his years, which is important as he is about to become a father!

With the awards done it was time to get down and boggie! Luke West was our solo musician for the night and he did not disappoint. He had people dancing from his first song and didn’t take long to fill up the dance floor.

All in all it was a fantastic night had by all. Thanks for everyone for the memories; we look forward to building new friendships and many more lasting memories over the next year!
Prepare for a CYCLONE
CDU Staff and Students Briefing

CDU staff and students are invited to attend the ‘Prepare for a CYCLONE’ briefing as detailed below:

Date: Monday 22 October 2012
Time: 12:00pm – 1:00pm
Location: Casuarina Campus – Red 7 (Mal Nairn Auditorium)

Representatives from CDU, Bureau of Meteorology and NT Emergency Service will conduct the briefing and answer your questions.

Basketball Tournament

Week 1
The first week saw some epic matchups with Team 1 against Team 2. Carlos and his crew in team 1 came out very strong and took the early lead, and lead for the whole match. Carlos and his ‘fine’ mathematical skills saw team 1 gain a few, shall we say “Mystery Points”.

Luckily team 2 never gave up and eventually fought back from an unreal deficit to tie the game with a game-ending buzzer beating 3-pointer, by none other than yours truly (not that I love myself too much, haha) with the sweet assistance going to my main man, Nico Wahsner.

Team 3 and Team 4 came out swinging. Both teams were very strong and did not want to see anything but a win next to their name. Nirmal Mathew Abraham was a standout (by his recount) and lead his team to a sweet victory. Both teams put in a very solid effort!

Week 2
The highlights were plentiful in week 2, with team 1 taking on team 4 and team 2 taking on team 3. Luckily there were no mysterious points this week :)

The hot streak of 1 win for team 4 had to come to an end, and it was at the hands of Team 1. The highlight of this match was Ted ‘Junkyard Junkyu’ Park against Carlos ‘The cutest teddy bear you have ever seen’ Gonzalez in the low post. ‘Junkyard Junkyu’ received a 10 for effort, but eventually succumbed to a medical marvel known as the ‘Crazy Cramp’ and had to leave the court. ‘The cutest teddy bear you have ever seen’ proved to be far too strong, and team 1 walked away the victors, while ‘Junkyard Junkyu’ and team 4 literally limped home.

On the other court, Team 3 were out for blood and left the blocks strong leading by almost 10 points at one stage. The shooting was something off a NBA 2K game with approximately 60-70% of their shots finding the bottom of the net. They were too good to contain. Having the mentality of never giving up, team 2 fought their way back into the game, closing the gap to 4 at one point, but nevertheless, team 3 were the clear victors of the night.

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Points Table for Week 1

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Points Table for Week 1 and 2

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Housekeeping

Remove Personal Items from Corridors
Residents are asked to remove personal items such as shoes, plants etc. from IHD corridors.

Not only are personal items ‘disappearing’ but cleaners are unable to clean the hallways due to these items laying around. This affects the hygiene of the facility and also acts as a hazard in cases of emergency.

Please remove all personal items from corridors and keep them in your room.

Bikes
IHD has a designated bike shed for residents to use to safely lock their bikes in.

Please do not chain your bike to poles around IHD, not only does it clog up space, it also makes it extremely difficult for cleaners to be able to effectively clean around the buildings.

Using multiple appliances at once
Be careful using multiple appliances at once as this causes you to overload the circuit which then trips out the power.

Please be mindful and turn off all unnecessary appliances and use no more than two appliances at once.

Bike and Scooters
Do not ride bike and scooters in building corridors.

It goes without saying that this is seriously dangerous for the rider and the people walking through the corridor!

Clean Up After Yourself
All residents are reminded that it is your responsibility to clean up after yourself at all times!

As adults it is up to you to approach the people making the mess and advise them to clean up.

If this does not work you are welcome to lodge an incident report at the office.

You will be required to provide the name or room number of the people/person continually making the mess along with a description and time of event.

To those making the mess, take this as a warning that your fellow residents will not put up with this any longer, you live in a communal environment and your actions affect those around you!

Repairs & Maintenance
Please report any repairs and maintenance issues to the IHD office.

These can be reported either in person at the IHD office reception or via email: accommodation@cdu.edu.au

Remember – we can only fix it if we know about it.

Parking at IHD
You can pick up a 2012 Semester 2 parking permit from IHD Office Reception Monday to Friday 9am to 5pm.

It is your responsibility to make sure you have a parking permit displayed on your car at all times.

If you have a friend with a car visit you, they are required to park across the road. Car parks within the Brown precinct are strictly only for IHD residents with valid permits.

Mould in Apartments
IHD would like to thank its residents for notifying us about mould growing in the new apartments.

We have notified Major Projects and they are currently investigating possible solutions.

IHD Resident Mail
If you need to have mail delivered to you, make sure you use the following address:

‘Residents Name’
International House Darwin
Brown Precinct, Bldg 1
Charles Darwin University
Casuarina 0909
Northern Territory
Australia

Mail delivered to this address will be sent to the Charles Darwin University Post Office.

It is your responsibility to check the Post Office regularly to see if you have any mail.

Any mail not collected from the Post Office within 4 weeks will be sent back to the sender.
Upcoming Events

Coffee and Cake
2/10/12 8pm Red Room
Every fortnight is coffee and cake at IHD.

This week we are starting ‘Movember’ – competition for the best mustache grown from scratch this month (October).

Shaving equipment will be provided along with tea and coffee.

Soccer World Cup
3/10/12 7.30pm
Eight teams are now down to just two.

The final of the IHD Soccer World Cup is nigh. European Union v IHD All-Stars.
Both teams are currently out of town so the match has been rescheduled when they get back!

Good luck to both teams and congratulations to all the teams who competed.

Meditation Afternoon
7/10/12 5pm
The people have spoken! The next meditation session will be on in the afternoon.

Lifestyle Event
9/10/12
The theme is yet to be confirmed for this one, but it will either be Pie night or Cooking on a budget. Should be great!

Halloween Party
12/10/12
Possible beach party, fire pit and pig on the spit!

More details to come. Let your hair down on the last night of semester!

Weekly Sports
Every week there will be a variety of sports for all IHD residents to get involved in.

Monday: 8pm Basketball Court Booking.
Tuesday: 9pm Basketball Court Booking.
Wednesday: 6pm Social Sport – check out Facebook for where, what & when.
Thursday: 9pm Basketball Court Booking.
Friday: 6pm Social Sport – check out Facebook for where, what & when. 10pm Basketball Court Booking.
Saturday: 9pm Basketball Court Booking.

Darwin International Film Festival

The Darwin International Film Festival (DIFF) is on again with 10 unique films over 8 magical nights at Darwin’s iconic Deckchair Cinema!

Balmy tropical nights with fine food down by the waterfront make for a fabulous week-long event.

Opening on Wednesday 19 September, this year’s DIFF includes two Australian premieres as well as eight films never before screened in the NT.

Tickets are available now, so start planning your DIFF week!

For tickets and to view the program, check out the Deck Chair Cinema website: www.deckchaircinema.com.au/the-program.html
Arts and Crafts
The last session of the IHD Arts & Crafts session was on the 16/9/2012 – Soyeon Kim and Jessica Phillips had their work cut out to get the final pieces ready to prepare the board for the IHD End of Year Dinner! And what a fabulous job they did!

Thanks to all the residents who participated in the Arts and Crafts sessions and a huge thank you to Jessica Phillips and Soyeon Kim for the brilliant work they did running the IHD Arts & Crafts sessions and without whom the sessions would have never been possible!

Arts and Crafts Review by Kerry Rose
We all turned up for our Sunday morning creative time. Most of us were doing final edits on our artwork, or framing them for the End of Year Dinner exhibition. We also had free time to go wild and draw whatever we wanted. I enjoyed drawing a tree. Shamus joined us this morning for his first time; he’s a bit of a hidden talent and did a pretty good scenic picture. Michael also came this time and found his inner artist.

Again the girls, Kim and Jess, had great advice and made everything look a lot easier than it was for us! Everything we needed and more was supplied, all the equipment necessary to cater for all. Thank you to all involved - it was a great activity, relaxing and just fun doing the art and great meeting and sharing with all students there.

C&C - Bake a Cake or Two!
Written by Maksudur Khan
On 18 September 2012 we saw a different side of RL Steph – Stephanie White the baker!

With a turnout of 30 plus residents on the night Steph’s baking skills took centre stage.

Our beloved residents getting their hands on lemon and sour cream cake, apple tea cake, banana walnut and chocolate chunk cookies! Residents enjoyed their usual coffee, tea and of course cake and Steph got to bask in the glory of her wonderful effort!

If only Steph could do this each fortnight, I bet coffee and cake would start drawing in crowds in 100s!

Smoothie and Juice night
Written by Stephanie White
There was a steady stream of chipper residents in the Building 3 kitchen on September 25, with plates laden with fruits, vegetables and herbs ready to be made into juices and smoothies.

From 7-8pm residents put their creative hats on and got blending! Some stuck with the classic banana and berry smoothie, while others branched out and added some spinach and mint to the mix.

Those wanting something cleansing and energy-boosting opted for carrot, orange, celery and ginger juice. Residents teamed up with their friends for their juicy creations and, regardless of how they tasted, everyone had fun devising their smoothie and juice combinations.

One excited team closely escaped wearing their berry creation when they forgot to put the lid of the blender back on before mixing...whoops! But all in all it was a fun and healthy interlude to the working week!
Sailing is a healthy, social and active way to meet new people and get out onto the water.

CDU sailing is a combined CDU and Rotary program that offers sail training and excitement to all involved. It also offers a great social life and team work on the water with lots of sailing. It is also an opportunity for CDU students to be involved in mentoring and coaching children who are socially challenged.

Sponsored by CDU, The Rotary Club of Darwin North, The Darwin Sailing Club, NT Government, Northern Paediatricians and a few private caring individuals, the program now offers a team of two fast off the beach catamarans. These are Hobie 16s with trapeze and spinnakers making them an enjoyable and interesting sailing craft.

For CDU students your role is to skipper the catamarans and coach young people who have social difficulties while competing in the Darwin Sailing Club Regattas.

To join the program you need an interest in sailing (you get free training) and a working with young people OCHRE card.

There is a good social life for CDU students in the program where you get to participate in Rotary functions, supported with club memberships and get opportunities to sail/cruise overnight on larger craft.

The CDU Sailing and RotaKat program is part of the Charles Darwin University’s Community engagement program, sailing at the Darwin Sailing Club, and a youth leadership program run by The Rotary Club of Darwin North. It is a program to assist young adult membership of Rotary and the Darwin Sailing Club while participating in CDU community engagement with an exciting and philanthropic activity.

LEARN TO SAIL FOR FREE

Peter Clouting
Email: pclouting82@gmail.com

Or

Charles Darwin University contact
Dan Baschiera
Phone: 08 8946 7359
Email: dan.baschiera@cdu.edu.au
iGrow Academic Development
IHD TUTORIAL PROGRAM

All tutorials will be held in the STUDY ROOM (12.1) between 6pm and 7pm. Check below for information on when there is a tutorial in your subject area.

MONDAY
Business & Management - Aurelia Gomez

TUESDAY
ESL and Numeracy - Shirleen Browne

WEDNESDAY
Economics - Santosh Panthee

THURSDAY
Engineering - Adeel Silat

FRIDAY
Nursing - Tai Nguyen

SUNDAY
Accounting - George Zhou

Be sure to take advantage of this program, this is a free service to all IHD residents.

www.cdu.edu.au/ihd
FB: Events at International House Darwin
## October 2012

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### IHD EVENTS

For more information and updates check out Facebook ‘Events at International House Darwin’

Website: cdu.edu.au/ihd

& keep an eye on the notice boards around campus

### CASUARINA SHUTTLE BUS

Every Friday night:
5:30pm-9pm
(leave from outside IHD office)

For more information please contact your Resident Leaders or the Academic Liaison and Cultural Coordinator, James.

Phone: 08-8946-6536
E-mail: james.jaffe@cd.edu.au

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**8pm Coffee and Cake**
Mootor shave-off!

**7pm Lifestyle Event**

**7pm Halloween Party**

**10am Paintball**

**8pm Coffee and Cake**

**7pm Activity Night**

**8pm Mo Parade**

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